

Xtreme Cheer & Dance Challenge
February 23 – Cheer
February 24 - Dance

WELCOME LETTER

Xtreme Cheer & Dance and DWU would like to welcome you to the 11th Annual Xtreme Cheer & Dance Challenge!!

MUSIC SELECTION: On the day of the competition, please bring a labeled copy (CD) of your music, or a MP3 player. If you are using a phone or I pad, we highly recommend that you have someone that is familiar with your music be at the music table – a back up copy of your music is also recommended. We will have a volunteer that will ask for your music while “in the hole.” Please make sure your device is on airplane mode and is turned up to full volume. Also, please make sure the device does not have a locking mechanism in place.

WARM-UPS: Teams will be given floor time approximately 30 minutes prior to their performance. Each team will be allowed approximately 10 minutes. A formal schedule of warm-ups will be sent out 2 weeks prior to the event with there being one opportunity to request changes and/or deletions. **THIS WILL BE STRICTLY ENFORCED, SO PLEASE BE ORGANIZED.** If you do not show up for your allotted practice time, you will be skipped. We recommend using a separate CD for warm-ups to ensure that you get your music to the MC in adequate time prior to your performance.

ALL-STAR CHEER AND DANCE DIVISIONS: We will be following USASF guidelines. The age of your oldest team member on August 31, 2018 determines the division you are in.

ALL-STAR CHEER: Tiny (6 Yrs. & Younger, Mini (8 Yrs. & Younger), Youth (11 Yrs. & Junior (14 Yrs. & Younger) Senior (10 Yrs-18 Yrs.); All-Star cheer team routines have 2:30 minute limit.

ALL-STAR DANCE: Tiny (6 Yrs. & Younger) Mini (9 yrs. & Younger) Youth (12 Yrs. & Younger) Junior (15 Yrs. & Younger) Senior 18 yrs. and younger); All- Star Dance Routines have a 2:30 minute limit.

DANCE CLUB DIVISIONS WILL INCLUDE JAZZ, POM, HIP-HOP, LYRICAL/CONTEMPORARY, KICK OR VARIETY

PREP DANCE TEAMS WILL BE COMBINED. The Prep Category is offered for emerging teams and dancers. All Category styles in each Age Division will compete together in Prep (Prep Jazz, Prep Pom, Prep Hip Hop, Prep Contemporary/Lyrical, Prep Kick and/or Prep Variety)

INDIVIDUAL, ENSEMBLE, STUNT, CHEER, DANCE, JUMP, TUMBLE: Cheer & Dance Individuals have a 1:00 minute limit. Jump individual includes a minimum of four jumps. Tumble individual includes running and standing tumbling. Small Cheer Ensemble Routines (2 – 5 performers) and Small Dance Ensembles (2-4 performers) – 2 minute time limit; Stunt Groups (maximum 5 performers) – 1 minute time limit.

DOOR TIMES: Doors will open at 7:30 AM on Saturday morning, with cheer performances beginning at approximately 8:30 AM. Doors will open at 7:30 AM on Sunday morning with dance performances beginning approximately 8:30 AM.

ADMISSION PRICES: \$10 for adults (18 and older) ; \$5 for kids (4 & under free 4 years and under free. 2 Day pass for adults is 18 and 2 day pass for kids is \$8.

CHECK IN: Check in for all teams will be open from 7 am – 10 am each day both Saturday and Sunday. All cheer teams need to be checked in by 10 AM Saturday morning and all dance teams by 10 am Sunday morning. We ask that ONLY coaches register their teams and that the coaches turn in ALL release forms during that time. No one will be allowed to perform without the completed release forms – NO EXCEPTIONS!!

COACHES PASSES: Each gym or studio will be given 2 coaches passes/*per* team for the competition. Team moms/volunteers will be expected to pay at the venue.

SPIRIT WEAR: There will be short and long sleeve performance wear shirts available for sale. Short sleeve shirts will be \$15/each and long sleeve shirts will be \$20/each.

AWARDS CEREMONY:

- MINI/TINY DIVISION: All participants in Mini and Tiny division will receive a participation award.
- TEAM Banners: Placement of trophies will be given out to top 3 teams in each category.

SCORE SHEET PICK UP: Your score sheets will be available following the Awards Ceremony at the announcer's table.

CONCESSIONS: Concessions will be available throughout the day. **NO FOOD OR DRINK OTHER THAN WATER IS ALLOWED INTO THE VENUE AREA.**

VENDORS: There will be a variety of vendors set up throughout the venue. Please shop their booths and support our event by supporting them!

ATHLETIC TRAINER: An athletic trainer will be on hand in case of injuries. Please provide your own athletic tape should you know in advance that you will need to be taped.

COACHES HOSPITALITY ROOM: There will NOT be a hospitality room, however, coaches will receive a coupon for a free meal from our concession stand.

WEATHER: This event will not be cancelled due to weather. No refunds will be given.

FOR MORE INFORMATION: Please contact Traci with any questions or concerns you have. You may call or text her at 605-770-8803 or email her at tloecker@mit.midco.net.